



Vocabulary	
<b>Internal Influences</b>	From within you (positive or negative) E.g. Something you are good at or enjoy.
<b>External influences</b>	From an outside source (positive or negative) E.g. Social media
<b>Attainments</b>	What we have done or achieved.
<b>Independence</b>	The ability to live your life without being helped or influenced by other people.
<b>Global Identity</b>	How connected you are to the world and how this influences who you are.
<b>Age Restrictions</b>	Age at which you are allowed under particular regulations to do something.

## Content Overview

Personal identity  
 What influences personal identity  
 Identify personal strengths  
 How do others see me?  
 Group identity  
 My growing sense of personal identity and independence  
 Online and global identity  
 Expectations



## Learning intentions

Please teach me to...

<b>PSHE</b>	Compare my self-identity with how I believe others see me. Explain some of the factors that may affect my self-identity.
<b>Social &amp; Emotional</b>	Explain why it is important that I am a unique individual and explain how my self-identity has been influenced by past events and experiences. Express a level of independence while maintaining positive relationships with others.



## Reflective questions

Ask me this...

How do I fit into the world I live in?

Is fitting in more important than showing you are unique?

What makes up someone's attitudes? Do our life experiences play a part in forming our opinions and beliefs?

**THE MORE YOU LIKE YOURSELF, THE LESS YOU ARE LIKE ANYONE ELSE, WHICH MAKES YOU UNIQUE.**

Walt Disney/@selflovesmantras instagram

## Jigsaw Charter

- |   |   |
|---|---|
| Everyone has the right to...  | Everyone has the responsibility to...   |
| <ul style="list-style-type: none"> <li>✦ Participate or pass</li> <li>✦ Listen and speak</li> <li>✦ Privacy</li> <li>✦ An opinion</li> <li>✦ Learn</li> </ul> | <ul style="list-style-type: none"> <li>✦ Allow others to participate or pass</li> <li>✦ Listen and allow others to speak</li> <li>✦ Maintain privacy</li> <li>✦ Respect difference of opinion</li> <li>✦ Allow others to learn</li> </ul> |