

Knowledge Organiser: Year 7 Netball



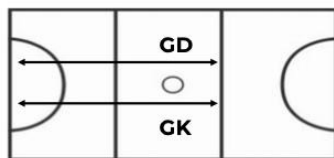
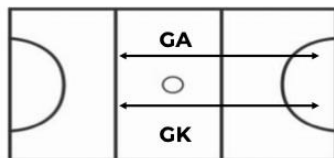
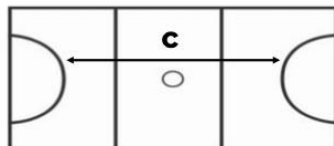
Prior Learning:

Used specific netball skills in games. Played efficiently in different positions on the pitch both attack and defence. Increased power and strength of passes, moving the ball over longer distances.

Unit Focus:

Work as a team to improve group tactics and gameplay. Play within the rules using blocking skills for shots and passes. Develop defensive skills.

Equipment needed: Netballs, cones, bibs, stopwatch, Goals—Junior posts if possible, hoops.



Key Vocabulary/Skills

Double bounce.

Marking the pass or shot.

Organisation around the D.

Attempt rebounds as attacker and defender.

Knocking the ball away.

Tactics, gameplay, blocking, free, metre, organisation, rebounds, prone, thirds, area, offside.

Head: Make quicker decisions in games (on and off the ball).

Hand: Anticipate and attempt to get rebounds as attacker and defender.

Heart: Explain how you helped your team in attack and defense.

Key Questions:

1. Why are rebounds so important as the attacker and as the defender?
2. Why are some passes more appropriate for different distances?
3. Why would you attempt to knock the ball away?

Rules:

- Players cannot throw the ball from a prone/lying or sitting position.
- The ball cannot be thrown over one complete third without it being touched or caught by a player in that third.

