

Knowledge Organiser: Year 6 Basketball



Prior Learning: Use strength, agility and coordination when defending. Move the ball accurately in a variety of situations. Select and apply a range of tactics and techniques to play with consistency.

Unit Focus: Apply aspects of fitness to the game such as power, strength. Choose and implement a range of strategies to play defensively and offensively. Grasp more technical aspects of the game.

Head: Implement a range of strategies to attack and defend such as restricting attackers' space.

Hand: Able to track and control a rebound from shot (penalty or open play).

Heart: Work collaboratively in a team to play and keep possession of the ball.

Equipment needed: Size 5 basketballs, cones, hoops, basketball posts, bibs, stopwatch, whiteboards.

Rules: If a player commits a personal foul to someone as they are attempting a 3 point shot, they get a free throw. If the shooter scores even though fouled, they could therefore win 4 points (3 from the three-point shot and 1 for the free throw).

Key Vocabulary/Skills

Counterattack using fast break.	Fast break, counterattack, retreat, maintain, pressure, free throw, L-cut, V-cut, pin down.
Retreat dribble.	
Free throw rules.	
Cutting to outwit opponent.	
3 point shot	

Key Questions:

1. Working with your partner, can you think of ways you can support a player driving to the net?
2. Why would you use the v-cut tactic when attacking?
3. Can you suggest some other ways to beat the defenders who are putting pressure on you?

