

About this unit

In this Puzzle the class talk about looking at what dreams and goals are and how we can achieve them. Students will discuss how dreams and goals may change as we learn and should remain adaptable. Not being afraid to fail can help us become more successful learners and more likely to achieve our goals. Students will consider that achieving dreams and goals in a fast changing world requires understanding the skills that will be important in the future, and the steps necessary to acquire them.

Learning Outcomes (Linked to NC) Please teach me to...

PSHE	Explain how internal and external factors might affect my own dreams and goals as I get older. Explain how choices I make have consequences for achieving my dreams and goals and give examples. Explain what influences the choices I make. Explain why I need to take more responsibility for my own choices.
Social & Emotional	Identify steps for achieving a dream or goal. Offer a range of strategies that I could use to overcome obstacles. Begin to see setbacks and mistakes as opportunities to learn and improve.

Key Skills

- I can identify steps for achieving a dream or goal.
- I can offer a range of strategies that I could use to overcome obstacles.
- I can explain what influences the choices I make.
- I am beginning to see setbacks and mistakes as opportunities to learn and improve.
- I take responsibility for my choices and actions.

Vocabulary

Dream, Hope, Goal, Learning, Communication, Collaboration, Obstacles, Accountability, Challenge, Responsible, Irresponsible, Strengths, Stretch, Achievement, Personal, Unrealistic, Feeling, Success, Criteria, Learning steps, Exploitation, Consequences, Locus of control, Money, Intrinsic, Extrinsic Motivation, Admire, Respect, Empathise, Praise, Compliment, Contribution, Recognition.

During the unit children will be encouraged to reflect on the following questions:

Can my choices affect my dreams and goals?

Can having dreams and goals improve my happiness and success?

What can I do to achieve my dream/goal?

What might change over time?

What goals have I already achieved?

What lessons have I learned from my failures?

How can you encourage others to keep trying when learning something new?

Sequence of learning

- What are my dreams and goals?
- Steps to success
- Coping when things don't go to plan
- Rewarding my dreams
- Intrinsic and extrinsic motivation
- Keeping my dreams alive
- How dreams and goals change in response to life

