

Year 7 Dance Unit 1: Expression - Escape and Evade

Spring 1

National Curriculum Key Skills:

- Develop their technique and improve performance.
- Perform dances using advanced dance techniques within a range of dance styles and forms
- Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best.

Sequence of Learning:

- To improvise and create our own movements.
- To select appropriate movements to represent artistic intention.
- To use Compositional principles to create Solo dance phrases.
- To experiment with Compositional principles to create duo dance phrases.
- To perform co-operatively with consistency and control to create duo dance phrases.

Key Vocabulary:

composition	A creative piece.
accuracy	Being precise and careful with movements.
control	Showing power and care over movements.
timing	Considering the time against the rhythm of the music.
choreography	The routine and actions/order of a dance.
performance	A showcase of the dance created.
formation	The arrangement of people
contemporary	A mixture of various dance styles.
facial expression	showing emotion in face.
synchronisation	To complete fluid movements in time with another or others.

Equipment needed: Music, cones , space.

Final Outcome:

To perform co-operatively in synchronisation with a partner with control and accuracy.

Key Questions:

- Can you perform in synchronisation with a partner?
- Can you show control over your movements when performing?
- Can you link solo and duo phrases consistently?