

Love food. Hate waste.



Year: 7 - Spring 1 & 2

Subject: DT

Topic: Cooking

preservatives



consumption

Line of enquiry: Can you eat ethically whilst on a restricted budget?

Key vocabulary:

- Food ethics = refers to the honest consequences of food choices, both those made by humans for themselves and those made for food animals.
- Seasonality = Food which is harvested at a particular time of the year.
- Fairtrade = trading between companies in developed countries and producers in developing countries (LEDC's).
- Food poverty = the inability to obtain healthy affordable food.

welfare



BOOST YOUR COOKING CONFIDENCE...

Why not have a go at making a pizza at home before you do the practical lesson in school? Practise makes perfect, or nearly - everyone loves a wonky pizza!

<https://www.bbcgoodfood.com/recipes/pizza-margherita-4-easy-steps>

DID YOU KNOW?

The average UK family with kids could save £810 per year by reducing food waste.

Freezing the food you haven't had time to eat - any time before the date on the label - acts like a pause button, buying you more time to eat the food you've bought.

organic

